

*Under the auspices of the French Speaking Marcé Society
with the support of WAIMH-F and in collaboration with A.R.I.P.*

*Workshops in Clinical Skills for Perinatal Psychiatry
La Teppe Medical Centre*

Interpersonal Psychotherapy for Perinatal Women

Level A – Introduction to IPT

Trainer:

Pr Scott Stuart, MD (University of Iowa, USA)

Dates: **1 - 2 October 2012** from 9am to 5pm.

Location: Audiovisual Room, La Teppe, 26602 Tain l'Hermitage, France

Enrolment by e-mail

Limited number of places

Priority will be given to participants enrolled for the International Congress of the Marcé Society in Paris, 3-5 October 2012

Training conducted entirely in English, without interpretation

For enrolment or further information
contact (preferably by e-mail):

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La Teppe Medical Centre
Workshops in Clinical Skills for Perinatal Psychiatry

Interpersonal Psychotherapy for Perinatal Women
Level A – Introduction to IPT

Trainer:
Pr Scott Stuart, MD

Propos:

Interpersonal Psychotherapy (IPT) is a time-limited individual psychotherapy focused on symptom relief and interpersonal functioning. IPT has been empirically demonstrated to be effective in the treatment of affective disorders and interpersonal problems, and has been demonstrated to be particularly helpful for women with depression during pregnancy and the postpartum. Pr. Stuart, along with his colleague Pr. Michael O'Hara, have been conducting research on IPT for perinatal women for over 15 years.

The course will review the theoretical basis for IPT, along with a brief review of the data supporting its effectiveness. The basic principles of IPT will then be covered, along with an extensive review of the techniques used. Detailed information about the use of IPT for perinatal women, and for specific problem areas such as *interpersonal disputes* and *role transitions*, will also be provided. This information will be presented in lecture format, in sessions reviewing videotapes of experts conducting IPT, and in small-group discussion.

This course is open to all who wish to gain experience in IPT. Participants may have experience in dynamic psychotherapy and be familiar with basic psychotherapeutic principles. It is strongly recommended that participants read the textbook, *Interpersonal Psychotherapy: A Clinician's Guide* (Stuart S, Robertson MW, London, Arnold Press, 2003) prior to the course.

Pr Scott Stuart, MD

Pr. Stuart is a psychiatrist and a Professor of Psychiatry and Psychology at the Department of Psychiatry of the University of Iowa (USA)

He has been active in clinical work, education and research in the areas of Interpersonal Psychotherapy and perinatal psychiatry during the last two decades. Dr. Stuart completed his medical training at the University of Kansas, followed by internship at the University of Pittsburgh. He has received several teaching awards, including the John Clancy Teacher of the Year Award (Department of Psychiatry of the University of Iowa)

Pr. Stuart is the President and co-founder of the International Society of Interpersonal Psychotherapists and Director of the Interpersonal Psychotherapy Institute. He has also authored a number of articles on IPT, and is the co-author of an internationally acclaimed textbook on Interpersonal Psychotherapy. This book, *Interpersonal Psychotherapy: A Clinician's Guide*, is recommended as a text for this training.

Interpersonal Psychotherapy : Training for Supervisors

Level D

Trainer:

Pr Scott Stuart, MD (University of Iowa, USA)

Dates : **27 – 28 September 2012** from 9am to 5pm.

Location: Audiovisual Room, La Teppe, 26602 Tain l'Hermitage, France

Propos:

This course is designed to teach participants to supervise other clinicians using Interpersonal Psychotherapy (IPT). In addition to IPT specific supervision, general supervision principles will be reviewed. The course will emphasize practice exercises and participant observation in small groups.

The course is co-sponsored by the IPT Institute. It is open to all experienced clinicians who have an interest in IPT and supervision. Those clinicians who are registered with the IPT Institute at Level C (Certified IPT Therapist) are eligible to receive Level D accreditation (Certified IPT Supervisor) after completing the course.

More information about certification through the IPT Institute can be found at www.iptinstitute.com.

Interpersonal Psychotherapy Training for Trainers

Level E

Trainer:

Pr Scott Stuart, MD (University of Iowa, USA)

Date : **29 September 2012** from 9am to 5pm.

Location: Audiovisual Room, La Teppe, 26602 Tain l'Hermitage, France

Propos:

This course is designed to teach participants to teach other clinicians to use Interpersonal Psychotherapy (IPT). General principles and techniques for teaching workshops will be covered, with specific information about teaching IPT. The course will emphasize practice exercises and participant observation in small groups, and will also involve teaching experience with participant feedback.

The course is co-sponsored by the IPT Institute. It is open to all experienced clinicians who have an interest in IPT and supervision. Those clinicians who are registered with the IPT Institute at Level C (Certified IPT Therapist) are eligible to received Level E accreditation (Certified IPT Trainer) after completing the course.

More information about certification through the IPT Institute can be found at www.iptinstitute.com.